101 DAYS
OF POSITIVE POWER WORDS

Parenting Partners

Words for Encouraging

1. You're really good at that.
2. That's wonderful – how'd you do that?
3. I am so proud of you! Look at how much you've improved!
4. You never cease to amaze me. You work so hard on your homework.
5. Way to go! I wish I could do that as well as you!
6. I couldn't have done that without you!
7. You're certainly getting better at that. Does it feel easier for you?
8. You take such good care of me.
9. What would I have done without you today? You totally helped me out.
10. You really spoil me – I'm glad I'm your (Dad/Mom)
11. That's thoughtful of you. Thanks!
12. You're so creative!
13. You always see the bright side. I admire how positive you are.
14. I like your humor!
15. Thanks for talking to me about that. I'll support you either way.
16. You made my day. Thank you for saying that.
17. You mean the world to me.
18. I love hearing what you're into right now.
19. You put together such cute outfits – I like your style!
20. Great job! I knew you could do it!
21. You've really got skills. I'm impressed!
22. I've always wanted to sing (dunk, swim, . . .) like you. You're so good at that.
23. You're so fun to be around!
24. You are great at paying attention to detail. That will always pay off!
25. You did a great job cleaning the car – you're a real pro!
26. You have such a great memory – you never forget anything!
27. You're definitely on the right track. Keep up the good work.
28. You are doing that so well. Remember how hard it was when you first started?
29. I see you working and learning every day. I'm so proud of you!
30. You've been so persistent. How does it feel to be getting such good results?
31. I know you can do this! I'll be here if you need me.
32. You do a good job of learning from your mistakes. You are the most resilient person I know.
33. Your ideas are interesting. I always like talking to you.

Words for Affirming Character

34. You're a very considerate person.
35. Your hard work is certainly paying off!
36. You never gave up on that. You showed great persistence.
37. You patiently hang in there with difficult people. You're so kind.
38. You stick with the projects you start. I'm impressed!
39. You're a good conversationalist. You're easy to talk to.
40. You handled that disappointment well. You really know how to bounce back!
41. You take care of animals so well.
42. You're very generous in the way you share with your friends.
43. I can positively count on you!
44. That sounds like it must be really hard. It's cool that you keep trying.
45. I like the way you handled that.
46. You definitely thought of a creative solution to that problem.
47. You don't need to be perfect. You're learning all the time, and I admire that.
48. It must make you proud that you have come so far.
49. I trust you to take care of that. You're very responsible.
50. You handled that better than most adults I know.
51. That was a difficult decision. You make remarkably mature choices.
52. You certainly look out for your brother / sister. I appreciate that about you.
53. You're making so much progress – you're totally on target.
54. I like your enthusiasm!
55. You are so brave. You consistently stand up for what is right.
56. You really earned that good grade.
57. You're always helping people. You have a heart as big as the moon.
58. You're good at remembering the birthdays in the family.
59. You're so patient with your brother – I really appreciate that.
60. You certainly took the initiative in making dinner. You make our home run smoothly.
61. I can't believe you figured out that problem. I would still be working on it.
62. You have great concentration.
63. You're so calm when others are freaking out.
64. I love your sense of humor. How do you think of those things?
65. When you start something, I know you're going to finish it.
66. You were wise to finish your studying early. Now we can go out together.
67. You're very organized. I wish I could hire you at my office.
68. You're a good friend and a leader with your peers!
69. You always like learning new things. You'll really enjoy college.

Words for Listening Well

70. Tell me more.
71. That's interesting!
72. That's the best thing I've heard all day!
73. I missed talking with you today. I'm glad we have time now.
74. How do you feel about that?
75. I'm glad we have family dinners – it's such a good time to talk together.
76. Please, thank you, good morning, etc. (extending courtesies to your children).
77. I like how you handled that. You're a great team player.
78. Thank you for showing me how to do that (when your children give you computer tips, etc.).
79. I appreciate you sharing that with me.
80. You're a good listener.
81. That's really remarkable!
82. I'm so glad you told me about that!
83. That's cool, could you tell Grandpa about that, too?
84. I understand.
85. I appreciate that you trusted me enough to talk to me about that.
86. I can tell you really care.
87. What a great story! I feel like I was there.
88. I see what you mean.
89. It seems like you're doing really well with that!
90. I'll be done working in ten minutes, and then I want to hear all about it.
91. That's awesome!
92. I think I understand now. Thanks for telling me that again.
93. How can I help?
94. Sorry for the interruption. I'm certainly interested in what you are saying.
95. I like how you did that differently than me!
96. I love it when you tell me about your day!
97. You've made me think of things in a completely new way.
98. You explain that so well!
99. I can tell you spent a lot of time thinking this through.
100. I'm going to turn off my phone so I can hear everything you're saying.
101. I like our time in the car – I get to catch up with your day.

Small words create big impact.
Your voice shapes your child's world.

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